



Better care for your aging parents.

notes

Put it in Writing!

Three legal documents your parents must have

After you understand the issues and the options that are available, formulate a plan based on those preferences. Then consult an attorney and commit everything to writing in the following three documents:

- Durable Power of Attorney:** A power of attorney is the formal way for your parent (principal) to give someone (agent) the authority to make decisions or act on his or her behalf.
- Advance Directive:** Healthcare-related decisions are expressed through this document that contain specific preferences for care and treatment after an individual can no longer speak for himself.
- Will:** If your parent dies without a will (intestate), the court clarity decide how those assets and property are distributed based on state law, which may conflict with your parent's wishes.

For more information on these questions and what to expect, access the Parentgiving Learning Center.