

notes

Promoting Home Safety and Preventing Falls

In addition to some basic measures, such as removing clutter and keeping floors clean, take note of the following eight items that can go a long way to prevent falls and keep your aging parent living at home safely:

- Grab Bars
- Railings
- Alert Systems
- Nonslip Mats
- Lighting
- Door Levers
- Remote Entrance To Home
- Accessible Bathroom Fixtures

For more information on these questions and what to expect, access the Parentgiving Learning Center.