

notes

## Important Information to Have On Hand in an Emergency

To be prepared for a medical emergency, the caregivers should know 10 things about an aging adult:

- Doctors' names
- Parent's birth date
- List of allergies
- Advance directive
- Major medical problems
- List of medications and supplements
- A record of his/her religious beliefs
- Insurance information
- Prior surgeries and major medical procedures
- Lifestyle information (Does your parent drink alcohol or use tobacco?)

For more information on these questions and what to expect, access the Parentgiving Learning Center.