



notes

Six Steps to Better Family Communication

A family crisis can magnify family dynamics forged over decades, and if that communication was dysfunctional, the decision-making will be as well. These tips will help families find their way to a better communication style:

- Recognize different perspectives.
- Acknowledge that contributions will not be equal.
- Gather information regularly and independently, then share notes.
- Meet regularly as a family.
- Brush up on communication skills.
- Consider outside help.

For more information on these questions and what to expect, access the Parentgiving Learning Center.