



notes

Focus on Bathroom Safety

If a full bathroom renovation is out of the question, you can still modify the existing space for safety and security using devices easily purchased at any medical or surgical supply store.

- Put a **backless bench** in the tub or shower
- Add a **handheld shower head**
- Install an **elevated toilet seat** or **toilet riser**
- Correctly install **grab bars** in the shower and bath area
- Acquire some **large, nonskid mats**
- Install a **phone** in the bathroom.
- Purchase a **portable toilet** for night-time use in the bedroom

For more information on these questions and what to expect, access the Parentgiving Learning Center.