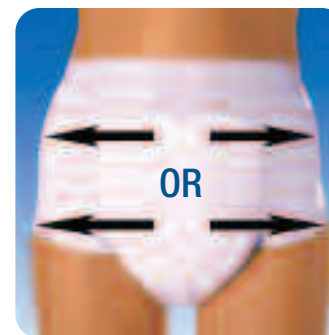


Product Sizing Guide

Measure the hips or waist (select the larger of the two) as follows:

- Step 1:** Measure hip bone to hip bone and over the abdomen
- Step 2:** Double the largest measurement obtained in Step 1 and add two inches
- Step 3:** Using this number, make product size selection from the chart below



EXAMPLE

Hip bone to hip bone = 19" (49cm)
 $19" \times 2$ (49cm \times 2) =
 $38" + 2"$ (97cm + 5cm) = 40" (102cm)
40" (102cm) = Medium or Regular brief

BRIEF SIZE SELECTION

MEDLINE BRAND	MOLICARE® SUPER
SMALL = 20" – 32" (51cm - 81cm) <i>(green or light blue)</i>	X-SMALL = 17" – 24" (43cm - 61cm) <i>(blue)</i>
MEDIUM = 32" – 42" (81cm - 107cm) <i>(white)</i>	SMALL = 20" – 31" (51cm - 79cm) <i>(dark purple)</i>
REGULAR = 40" – 50" (102cm - 127cm) <i>(purple)</i>	MEDIUM/LARGE = 27" – 56" (69cm - 142cm) <i>(light purple)</i>
LARGE = 48" – 58" (122cm - 147cm) <i>(blue)</i>	LARGE/X-LARGE = 43" – 64" (109cm - 163cm) <i>(dark purple)</i>
X-LARGE = 59" – 66" (150cm - 168cm) <i>(beige)</i>	MOLICARE® AIR ACTIVE
XX-LARGE = 60" – 69" (152cm - 175cm) <i>(green)</i>	SMALL = 24" – 35" (61cm - 89cm) <i>(white)</i>
BARIATRIC = 65" – 94" (165cm - 229cm) <i>(beige)</i>	MEDIUM = 35" – 47" (89cm - 119cm) <i>(white)</i>
	LARGE = 47" – 59" (119cm - 150cm) <i>(white)</i>
	X-LARGE = 59" – 69" (150cm - 175cm) <i>(white)</i>